

HEALTH/PHYSICAL EDUCATION

Each school will organize and maintain a physical education and health education program in accordance with State Board of Education and Albemarle County regulations and guidelines.

The Albemarle County School Division will provide a program of physical fitness available to all students with a goal of at least 150 minutes per week on average during the regular school year. Such program may include any combination of physical education classes, extracurricular activities, and other programs and activities.

Adopted: July 1, 1993
 Amended: February 22, 1999
 Reviewed: September 9, 2004

Legal Refs.: Code of Virginia, 1950, as amended, Section 22.1-207, 22.1-~~212.1~~, ~~1253.13:1~~,
~~Regulations of the Virginia Board of Education~~, 8 VAC ~~§20-320~~, Physical and Health Education,
~~(derived from VR 270-01-0031) VR 270-01-0031~~

Cross Refs.: IGAG, *Teaching About Drugs, Alcohol, and Tobacco*
 JHCA, *Physical Examinations of Students*
~~JO, Student Records~~